

Day One

- 7:30 8:00 Registration
8:00 8:30 Introduction to course and over view of the scientific and clinical rationale for treating patients with selected shoulder conditions (Lecture)
8:30 9:00 Imaging studies for the shoulder (Lecture)
9:00 10:00 Examination of the shoulder
10:00 10:15 Break
10:15 12:15 Comprehensive shoulder exam (Lab)
 - Posture
 - Loer extremity tests
 - Core tests
 - Related-Referral joint clearing tests
 - Neurological exam-ULTT, reflexes, sensation, proprioceptive testing
 - Palpations
 - AROM/PROM
 - RROM-HHD
 - Special tests
 - Functional tests: Closed Kinetic Chain (CKC) test, Seated Shot Put (SSP) test, Functional Throwing Performance Index (FTPI), under koeffler overhand Softball throw for distance

12:15 1:15 Lunch (on your own)
1:15 1:45 Examination and treatment of SLAP lesions (Lecture)
1:45 2:15 Biceps treatments: Tenotomy vs tenodesis controversy(Lecture)
2:15 3:15 Update on RTC surgeries and Rehabilitation (single row, double row, suture bridge, biological augmentations, PRP, MSC, Grafts) (Lecture)
3:15 3:45 Examination and treatment of AC Joint injuries (Lecture)
3:45 4:00 Break
4:00 5:45 Focus-examination: Comprehensive shoulder Exam (Lab) continued
5:45 6:00 Summary, Q & A, discussion

Day Two

- 8:00 9:00 Complications and 40 years of mistakes treating patients with shoulder conditions (Lecture)
9:00 9:45 Therapeutic Exercise review (Lecture)
9:45 10:00 Break
10:00 11:15 Adhesive capsulitis: new concepts and what really works? Case presentations and manual therapy (Lab)
11:15 12:15 Shoulder instabilities
 - New concepts in surgeries and rehabilitation (non-surgical treatment, Bankart reconstructions, Latarjet procedure, Remplissage technique)

12:15 1:00 Lunch (on your own)
1:00 2:00 Functional testing algorithm for Return to sports and outcome scales
2:00 3:15 Case presentations and exercise review, perturbations, etc. (Lab)
3:15 3:30 Summary, Q & A, discussion



© Copyright 2014 North American Seminars, Inc. All images, layout and content on this brochure are the sole property of North American Seminars, Inc. Healthclick™ and the Healthclick™ series of courses and software is the trademark of NAS, Inc.

Advanced Examination and Treatment for Selected Shoulder Conditions

Course Prerequisite



Presented by

George J. Davies

DPT, Med, PT, SCS, ATC, LAT, CSCS, FAPTA, PES

PT, OT, PTA, and ATC -
Continuing Education Course

North American Seminars, Inc.

1-800-300-5512

Fax 1-800-310-5920

www.healthclick.com

About The Educator

DR. GEORGE J. DAVIES is a clinician, educator, speaker, researcher, author, editor and consultant. He is an internationally known speaker who has presented hundreds of conferences throughout the world on sports medicine, sports physical therapy, athletic training, shoulder, knee, open and closed kinetic chain topics, orthopaedics, rehabilitation and Isokinetics.

George began in this great profession of sports medicine almost 50 years ago when he started as a student, assistant and head athletic trainer. He has been involved in the clinical practice of sports physical therapy/athletic training, since 1965. He still maintains an active clinical practice at Coastal Therapy in Savannah, GA and Gundersen Lutheran Sports Medicine, LaCrosse, WI. He has been actively involved in the sports coverage as an athletic trainer/sports physical therapist at a variety of sporting events: 1980 Winter Olympics, Lake Placid, NY, 1986 Pan American Games, Indianapolis, IN, 2002 Salt Lake City Winter Olympics, volunteer trainer at the USOTC, Lake Placid, NY, 2003, a member of the USA Medical Staff for the 2005 Summer World University Games in Izmir, Turkey, Paralympic Games in Beijing, China, 2008, and was invited by the IOC to present educational workshops for clinicians from around the world at the London Olympic Games, 2012.

He has a passion for teaching and has been an educator for over 40 years in colleges and universities. For the past 38 years, he has been involved in teaching in physical therapy programs. He is presently a Professor of Physical Therapy at Armstrong Atlantic State University, Savannah, GA since 2004. He was also honored as a Professor-Emeritus of Physical Therapy at the University of Wisconsin-LaCrosse following 30 years of teaching.

He has been involved in many research projects that have been presented at numerous national and international conferences and published in various journals. He has participated in hundreds of scientific conferences and workshops throughout the world in the last 35 years, published over 200 articles and research abstracts in various periodicals, written several books and has contributed chapters to over 40 books.

George was the original co-founder and co-editor of The Journal of Orthopaedic and Sports Physical Therapy for 10 years. To honor George's achievements, at the 25th anniversary year of JOSPT, they honored his achievement by creating the GEORGE J. DAVIES – JAMES A. GOULD EXCELLENCE IN CLINICAL INQUIRY AWARD. This award is given to the best paper each year. George was also one of the co-founders and original Associate Editors for Sports Health: A Multidisciplinary Approach, 2009.

Dr. Davies has also been fortunate to win several prestigious awards during his career in sports medicine.

Why You Should Attend This Course

This advanced level course is designed for the experienced clinician and will enhance the clinician's differential diagnosis and treatment skills of selected shoulder conditions. By providing an in-depth scientific and clinical basis (evidence-based practice) the clinician will enhance their ability to develop more precise treatment plans to achieve long term functional outcomes.

Particular emphasis of this course is on current surgical, examination and treatment trends and presentations and discussions will occur regarding some controversial selected shoulder conditions. A novel aspect in this course will be evidence based information regarding complications, failures or mistakes that have occurred during the last 40 years of examining and treating patients with shoulder problems. Several new trends in surgical procedures for rotator cuff tears and repairs, instability surgeries, SLAP lesions and biceps tenotomy vs. tenodesis will be described and examined. Approximately five hours of course time will be on a comprehensive examination of the shoulder complex integrating didactic and hands-on lab. The examination will include differential diagnosis techniques and procedures to rule in/out specific shoulder conditions. Imaging studies will be discussed as part of the clarifying exam and differential diagnosis.

This course will combine all the information you have developed over years of clinical experience and customize one approach into a systematic outcomes oriented manner.

Course Objectives

Upon Completion of this course participants will be able to:

- Select and evaluate the optimum examination techniques for examination, evaluation, diagnosis and prognosis of the shoulder and the overall patient's wellness.
- Develop differential diagnosis skills to rule in/out specific shoulder conditions.
- Recognize and interpret the appropriate imaging techniques as part of the comprehensive examination of the patient.
- Develop proficiency in performing examination techniques of the shoulder complex.
- Compare and contrast commonly used shoulder outcome scales in measuring the performance of the patient and the shoulder and how they need to be integrated into documenting the effectiveness of clinical practice.
- Analyze case studies to be presented and discussed to develop clinical reasoning skills.
- Integrate an understanding of evidence based practice and how to integrate into one's clinical practice using self reflection.
- Evaluate specific therapeutic exercise interventions including the scientific and clinical rationale to support the exercises.
- Identify and demonstrate particular treatment interventions that provide the best practice patterns for selected shoulder conditions.
- Demonstrate an understanding of the top 10 foundational exercises.
- Identify the resources available to research the current best practices.

Certificates for attendance are provided upon completion of the course.

This course is 15.0 contact hours/1.5 ceus./15 ccu's

This course is 18.0 contact hours/1.8 ceus for for Florida, New York, Illinois or District of Columbia licensed therapists.

Registration Form



Name _____ Profession _____

Home _____

Address _____

City _____ State _____ Zip _____

Credit Card _____

Exp.date _____ Phone (required) _____

e-mail (required) _____

Location of attendance _____

Send tuition to: North American Seminars, Inc.
2000 Mallory Lane Suite 130-67 Franklin, TN 37067
1-800-300-5512 Fax 1-800-310-5920 www.healthclick.com

All cancellations must be submitted with written notice and received 14 days prior to the course date. Refunds and transfers minus the deposit fee of \$75.00 are provided until 14 business days prior to the course date. No refunds or transfers will be issued if notice is received after 14 days prior to the course date. North American Seminars, Inc. reserves the right to cancel any course and will not be responsible for any charges incurred by the registrant due to cancellation. A full course tuition refund will be issued if NAS cancels the course. NAS reserves the right to change a course date, location or instructor. No refund will be issued if course is in progress and is interrupted by an Act of War or God or issue beyond our control. NAS, Inc. will not be responsible for any participant expenses other than a course tuition refund for course cancellations.