

2009 Course Dates & Locations

Click here for the most current
Course Dates

Certificates of attendance are provided upon successful completion of the course.
This course is 15.0 contact hours/1.5 CEUs.
For District of Columbia, North Carolina and Florida licensed therapists, this course is 18.0 contact hours/1.80 CEU's.

This course has been submitted for approval to the TPTA and OPTA for physical therapy ceu approval. This course meets the continuing education requirements for physical therapists licensed in Massachusetts, Connecticut, Rhode Island, Virginia and North Carolina. This course can be used for continuing education competency for license renewal for OT's and PT's in the state of California. North American Seminars, Inc. is an AOTA provider for continuing education. AOTA Provider #4487, AOTA does not endorse specific course content, products, or clinical procedures. IL PT Provider #216000074. The Maryland, Illinois, Kentucky, Texas, Oregon, Tennessee, Maryland, New Hampshire, Nevada, South Carolina, Delaware, Rhode Island, Missouri, North Carolina, Virginia, and Ohio occupational therapy regulatory boards accept courses presented by AOTA providers to meet the needs of OT continuing educational requirements. FL OT provider #50-1442. BOC Provider #P2047.



Call 1-800-300-5512 or Go online to:
www.healthclick.com/courses/nas46.cfm
for hotel and course location information. Future course dates & information are added weekly

An Algorithmic- Based Treatment Approach to Vestibular Dysfunction



Presented by
Barry Morgan, PT

North American Seminars, Inc.
1-800-300-5512
Fax 1-800-310-5920
www.healthclick.com

Day One

- 7:30 8:00 **Registration**
8:00 10:00 **The Vestibular System**
- Anatomy, physiology and central connections
 - Understanding postural control
 - Understanding reflexive activity
 - Neuroplasticity and sensory-motor patterned learning
- 10:00 10:15 **Break**
10:15 11:00 **Nystagmus Behaviors**
- Central vs. peripheral
 - Torsional vs. linear
 - Latency period vs. immediate response
 - Duration
 - Ocular orientation; skewed, asymmetrical, muscular weakness, etc.
 - Oscillopsia
- 11:00 12:00 **Medical and Vestibular Function Testing: Understanding the Results**
- Important history-taking elements
 - Medications and potential side effects
 - Advanced Testing
 - Calorics
 - Computerized DVA
 - Computerized dynamic posturography
 - Positional Testing
 - Auditory testing
- 12:00 1:00 **Lunch (on your own)**
1:00 3:00 **Therapy Clinic Testing**
- Complete review and critical interpretation of the MD office testing results
 - Detailed history taking from a therapists perspective
 - Evaluation Elements
 - Physical; Sensory, motor, coordination, strategies, avoidance behaviors and overall presentation
 - VOR and peripheral testing
 - Central testing
 - Postural control and sensory integration
 - Use of visual input
 - Use of vestibular input
 - Use of proprioceptive input
- 3:00 3:15 **Break**
3:15 5:00 **Evaluation Lab**

Day Two

- 7:30 10:00 **Diagnoses/Syndromes and their algorithmic treatment via case studies; Lab & collaborative discussion format.**
- Imbalance: gait disorders vs vertigo
 - Meniere's
 - Motion Sensitivity
 - Mal de debarquement
 - Acoustic neuroma
 - Perilymphatic fistula
 - Vascular abnormalities
- 10:00 10:15 **Break**
10:15 12:00 **Vestibular Hypofunction vs. Loss**
- Causes: viral, disease, injury
 - VOR, neural firing and error signals
 - Unilateral vs bilateral impairments
- Vestibular Hyperactivity
 - Central Disorders
 - Migraine
 - Migraine associated dizziness
 - Ischemia
 - Concussions
 - Blast Injuries
- 12:00 1:00 **Lunch (on your own)**
1:00 3:00 **BPPV**
- Diagnosis
 - VNG observations/clinical findings
 - Specific positional tests and their indications
 - Specific treatment based on an algorithmic approach
 - Persistent vestibular impairment in chronic BPPV patients
- 3:00 3:15 **Break**
3:15 4:30 **Group Problem Solving via Case Studies**
- Central disorders - group 1
 - Peripheral disorder, hypofunction - group 2
 - Peripheral disorder, BPPV - group 3
 - Group presentation - Wrap up and questions

About the Educator

Barry Morgan, PT received a BS degree in Anatomy from West Texas State University and a BS degree in Physical Therapy from the University of Texas. Since 1986, he has practiced in a variety of neurologic, orthopedic settings. He is currently working independently as a vestibular therapist and balance consultant in his own practice and has been a national seminar educator since 2003. He has extensive experience in interpretation of vestibular testing, computerized balance testing, video nystagmography, and oculomotor testing.

Barry finished a competency based course on vestibular rehabilitation from Herdman in 2004. He is highly skilled in the evaluation and treatment of patients with vestibular disorders and concussion syndromes working closely with the military with retuning injured soldiers and also the concussed athletic population. He was involved in an NIH grant study on motion illness in 2006, and has also published research on BPPV in the Neuro-Otology Journal in 2007. Current research interests include vestibular treatment algorithms for a variety of vestibular conditions and continued BPPV research.

He has presented several community education courses on balance and fall prevention and has provided free screening services for many local health fairs attempting to raise the awareness for the need for proactive exercise for elderly abatement of dizziness and imbalance, and proper diagnosis of conditions involving the vestibular system.

© Copyright 2009, North American Seminars, Inc. All images, layout and content on this brochure are the sole property of North American Seminars, Inc. Healthclick and The Healthclick Medical Course Series are the trademark of NAS, Inc.

Why You Should Attend This Course

Each year over 8 million physician and emergency room visits are attributed to complaints of dizziness and imbalance. Symptoms of vestibular disorders can vary greatly from one person to the next and the population range can vary as much as the symptoms. As our population ages many more people will be seeking medical assistance for dizziness and imbalance or injuries due to these complaints. Soldiers returning from combat with post blast or post concussion injuries often have underlying vestibular disorders. Many people cannot explain their symptoms and their complaints can range from light-headedness to being clumsy. The ability for clinicians to perform screening tests for differential diagnosis is critical for the future health and well being of their patients. Only 8% of suspected BPPV patients will have a proper diagnosis prior coming to a therapist. Will you be able to differentiate the symptoms and underlying causes?

This two day course will provide the attending practitioner, intermediate level algorithmic-problem solving skills needed to evaluate and treat dizziness and imbalance. A major emphasis will be on how to develop differential diagnosis skills when performing a comprehensive evaluation for a variety of vestibular diagnoses. Significant time will also be focusing on developing an effective adaptable progressive plan of care with successful outcomes. A variety of current patient case studies will be thoroughly evaluated to assist with putting all the information together in a practical manner.

Integrative hands-on labs are interspersed throughout both days and will allow participants to practice and easily apply evaluation techniques and treatment strategies to their clinical repertoire. This course will prepare the clinician to evaluate and treat with minimal equipment, however, current market availability of equipment and the correct utilization of advanced technology will be discussed.

This course is offered to Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants, Nurses, Nurse Practitioners, and Physician Assistants who are currently working with this population. Clinicians currently working with this population are encouraged to attend this course.

Course Objectives

Upon completion of this course, participants will be able to:

- Review the anatomy of the vestibular system.
- Understand how balance and movement information is processed.
- Describe the various dizziness and imbalance diagnoses and understand how they affect the vestibular system.
- Recognize the different mechanisms available for recovery (compensation, adaptation, substitution) and how they can be utilized to prescribe effective progressive plans for this population.
- Perform proficient evaluations of oculomotor, vestibular and balance function.
- Apply information gathered from detailed history, evaluations, and tests and develop appropriate algorithmic plans of care.
- Recognize how to differentiate between migraine syndromes, migraine associated dizziness, and if present with vestibular disorders, how to successfully manage their care.
- Decipher the basic information available from advanced diagnostic testing including ENG, caloric testing, oculomotor testing, and balance testing with posturography.
- Recognize nystagmal variations and assist in the correct diagnosis and treatment in vestibular disorders, especially BPPV and its variant resistant forms.
- Perform specific BPPV tests and decide appropriate treatment options including traditional and newly emerging alternative treatment options.
- Explore emerging treatment ideas with regard to post-concussion and post-blast vestibular injuries in the soldier population receiving treatment in vestibular clinics across the country.

Morgan
vest09

Registration Form

**Vestibular Rehabilitation
Course Tuition: \$425**

Send tuition to: North American Seminars, Inc.
2000 Mallory Lane Suite 130-67 Franklin, TN 37067
1-800-300-5512 Fax 1-800-310-5920 www.healthclick.com

Name _____ Profession _____

Home Business _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Credit Card _____

expiration date _____ e-mail _____

Location of attendance _____

Healthclick.com

All cancellations must be submitted with written notice and received 14 days prior to the course date. Refunds and transfers minus the deposit fee of \$75.00 are provided until 14 business days prior to the course date. No refunds will be issued if notice is received after 14 days prior to the course date. North American Seminars, Inc. reserves the right to cancel any course and will not be responsible for any charges incurred by the registrant due to cancellation. A full course tuition refund will be issued if NAS cancels the course. NAS reserves the right to change a course date, location or instructor. No refund will be issued if course is in progress and is interrupted by an Act of War or God or issue beyond our control. NAS, Inc. will not be responsible for any participant expenses other than a course tuition refund for course cancellations.

